

# Workshop Agenda #5

- Steps 6 & 7 are covered on Pg 75/76 We review our inventory quietly for an hour carefully reading the first 5 Proposals(Steps) making sure we did not miss anything. Are we ready to have God remove the things which we have admitted are objectionable? Step 7- When ready we say something like this: **My Creator , I am now willing that you should have all of me good and bad. I Pray that you now remove from me every single defect of character which stands in the way of my usefulness to You and my fellows. Grant me the Strength as I go out from here to do Your bidding Amen.**
- *The experience removes our old fears, anger, guilt, resentments, shame, remorse, worries*  
*We start to see these as our Spiritual afflictions*
- **Prayer for Fear on pg (68)** Dear God Please remove my fear and Direct my attention to what you would have me be I pray that I at once commence to outgrow fear Amen
- **Step 8 & 9** Pg 76 tells us we are now at Step 8 & 9
- We made our Amends list when we wrote out Step 4
- *Remember it was agreed at the beginning we would go to any lengths for victory over alcohol. (Pg 76)*
- *Read pgs 76 - 83 Stop at bottom of 83 (The Promises)*
- *Are we willing to admit our wrongs*