# CRYSTAL CITY EVENING STROLL

From Here to There ...

## Walking Group

We are starting a nine week Walk in Sobriety Group on Labor Day Monday, Sept. 5th, 2022. The Group will meet for nine weeks from the starting date threw to our last stroll threw the city on Halloween Oct. 31st, 2022 when we will all dress up and give candy to the kids as they Trick or Treat! Anyone can Join Us just show up with good vibes and ready to enjoy an Evening Stroll!

## Group Reason:

This Group is for people who are sober, are working on sobriety, are looking for new friends and exercise, or if you just want some fresh air with good company then join us on our way from here to there!

### **Contact Info**

If you have any Questions you can contact Matthew at:

- · thehungreefamilyegmail.com
- (607)207-3234

#### Time & Place

Our starting point will be at the Corning Museum of Glass side of the walking bridge right beside the YMCA.

We will gather there and discuss our route for the evening and start our stroll!

Our meeting time will be 7 p.m. until 8 p.m. every Monday.
Sept. 5th thew Oct. 31st 2022
We will enjoy a hour journey of walking and great conversation!
We can't wait for you to join us for our Healthy Life Fun Life Stroll threw our beautiful city!