

A.A.12 Step Workshop Workshop #1

Agenda

- Welcome
- Introduction to Big Book and Facilitators
- 1st Week Read Chapter on Alcoholism
- 3 Important Questions to Consider 1st week
- A- Do I believe that I'm Powerless over alcohol and can't stay sober or stay sober for long
- B- Do I have a Higher Power or can I define God as I understand Him?
At a minimum can I be willing to believe in a Power Greater than myself?
- C - Am I willing to go to any length to Recover?
- The Beginning of the Big Book is Set up into (3) Parts
 - Part 1 The Body beginning of the Book to page 23
 - Part 2 Page 23 to Page 44 The Mind
 - Part 3 Page 44 to 63 The Spirit

Read A Higher Power of My Understanding

Answer any Questions and Set up for Next week