

St. Francis Prayer

"Lord, make me an instrument of Thy peace
that where there is hatred, I may bring love
— that where there is wrong, I may bring
the spirit of forgiveness — that where there
is discord, I may bring harmony — that
where there is error, I may bring truth —
That where there is doubt, I may bring faith
— that where there is despair, I may bring
hope — that where there are shadows, I
may bring light — That where there is
sadness, I may bring joy.

Lord, grant that I may seek rather to
comfort, than to be comforted — to
understand, than to be understood — to
love, than to be loved. For it is by self-
forgetting that one finds. It is by forgiving
that one is forgiven. It is by dying that one
awakens to Eternal Life."

Third Step Prayer

"God, I offer myself to Thee — to build with
me and to do with me as Thou wilt.
Relieve me of the bondage of self, that I
may better do Thy will. Take away my
difficulties, that victory over them may
bear witness to those I would help of Thy
Power, Thy Love, and Thy Way of life.
May I do Thy will always! Amen."

Seventh Step Prayer

"My Creator, I am now willing that You
should have all of me, good and bad. I
pray that You now remove from me every
single defect of character which stands in
the way of my usefulness to You and my
fellows. Grant me strength, as I go out
from here, to do Your bidding. Amen."

Eleventh Step Prayer – AM

“God, please direct out my thinking; especially divorce it from self-pity, dishonest and self-seeking motives. As we go through this day and face indecision, please give us inspiration, an intuitive thought or a decision. Make us relax and take it easy – don’t let us struggle. Make us rely upon the inspiration, intuitive thoughts and decisions derived from YOU instead of upon our old ideas. Show us all through this day what our next step is to be and give us whatever we need to take care of each problem. God, we ask you especially for freedom from self-will and we make no requests for ourselves only. But do give us the power to carry out Your will in every contact during this day. As we go through this day make us pause when agitated or doubtful and ask YOU for the right thought or action. Constantly reminding us that we are no longer running the show, humbly saying many times today, “Thy Will be done.” and agreeing that it is, we will then be in much less danger of excitement, fear, anger, worry, self-pity or foolish

decisions. We will be more efficient. We won’t be burning up energy foolishly as we were when trying to run life to suit ourselves. We will let you discipline us in this simple way. We will give you all the responsibility and all the praise.

Tenth Step Prayer – PM

“God, as I retire tonight, let me constructively review my day. Was I RESENTFUL? SELFISH? DISHONEST? AFRAID? Do I owe an apology? Have I kept something to myself which should have been discussed with another person at once? Was I kind? Loving? To all? What could I have done better? Was I thinking of myself most of the time? Or was I thinking of what I could do for others? Of what I could pack into the stream of life? However, having now considered my shortcomings, God, please let me not fall into worry, remorse, or morbid reflection, for that would diminish my usefulness to others. God forgive me and let me know what corrective measures I should take.